

MEMORANDUM



To	Member States		
From	AusDBF		
Date	27 March 2020	Document No	M-0035
Subject	COVID-19 – Club Training & Insurance update		

The government has promulgated requirements for groups gathering in the outdoors and indoors and AusDBF wishes to ensure that all of our members are aware of their obligations to:

- **Practise good hygiene**
- **Practise social distancing**
- **Follow the limits for public gatherings**
- **Understand how to self-isolate if you need to**

As most of our members have suspended all dragon boat training due to the difficulties with social distancing, there are still people able to train in their individual craft and we encourage people to remain active as long as they observe the government guidelines.

Our Personal Accident Insurance remains in place for activities related to our sport as long as all of the government regulations are observed.

<https://www.health.gov.au/news/health-alerts/novel-coronavirus-2019-ncov-health-alert>

There is an abundance of information available on the above link and it is regularly updated.

A useful piece of advice is:

Don't concentrate on worrying about contracting Covid-19 – rather assume that you are carrying it and concentrate on not spreading it.

AusDBF Board