



Disability Inclusion Workshop Resource Pack

AusDBF & Disability Sports Australia

Thank you for attending the Disability Inclusion Workshop presented by AusDBF and Disability Sports Australia. We hope this workshop has given you the tools and empowerment to expand your inclusive programs to help people with disability connect to Dragon Boat Racing.

Recording

Below are the links to each night's recording:

- [Monday 27 November](#)
- [Tuesday 28 November](#)

Disability Sports Australia

Our vision: Active lives for all Australians with disability.

Our mission: To enable more Australians with disability to be more active, more often.

Follow us on socials via the following links:

- [DSA Facebook page](#)
- [DSA Instagram page](#)
- [DSA LinkedIn Page](#)

Accessibility Champion Course

A free, co-designed, online four-module course supported by the Australian Sports Commission.

Start the Accessibility Champion Course and your accessibility journey [here](#) today.

Download our [promotional toolkit](#) to share it amongst your networks.

Disability

Key points:

- Make your environment inclusive so people with disability want to turn up.
- No one way is the right way – use a person-centred approach. Ask the person with disability how you can best support them.
- Show that you care. Listen and be empathetic. Your learning will develop quickly if you do this.



Disability resource links (share these on your website and socials):

- [Social model of disability](#)
- [Co-design training booklet](#)
- [WeThe15 Campaign](#)
- [Inspiration Porn - Stella Young TED Talk](#)
- [Tree Model](#) - Active Disability Ireland

Disability and Dragon Boat Racing

Disability sport inclusion resource links:

- [Accessibility Champion Course](#) - Disability Sports Australia
- [SOA Inclusive Sport Academy](#) - Special Olympics Australia
 - Wendy Davison from Monday, this is a great resource for coaching participants living with autism.
- [Blind or low vision training](#) - Blind Sports Victoria
- [Common Auslan words](#) - Deaf Sports Australia
- [Reaching more people through accessible communications](#) - Activity Alliance UK
- [Online accessibility](#) - Arts Access Australia - Accessible Marketing Doc

Dragon Boat specific resources:

Dragon Boat specific disability inclusion resource links:

Australia:

- [AusDBF Disability Policy](#)
- [AusDBF Disability Participation](#)
- [AusDBF Disability Inclusion Resources](#)
- The [ParaDragons](#)

International:

- [Purple Warriors](#) - Disability Dragon Boat Racing team in the UK
- [Sign language paddle commands](#) – Phillipines

From what you've learnt from your session, think about how these pages are found on their websites. Could the tone and layout be changed?



Attracting and retaining participants

- Do you have a welcoming environment for a PwD to be at your club or organisation?
 - Try the [Sport4All Club Inclusion Scorecard](#)
- Meaningful engagement > number of engagements.
 - It's not about the numbers!
- Person-centred approach
 - [How to become an inclusive coach](#) - UK
- Who are you partnering with outside of sport?
 - e.g. allied health, disability services
- Could people with disabilities be involved in other roles?
 - [All Things Equal Café](#) – Disability Social Enterprise Café and local football canteen
 - [Sam Moorfoot](#) – Geelong water carrier
- Are PwD involved in the recruitment process for your inclusive programs?

Online Accessibility

- Do you have a welcoming flyer? If so, is it accessible?
- Do your social media posts have Image or Video IDs?
- Avoid all caps and italics
- Use plain, simple English
- Have you downloaded a contrast checker
e.g. [Google Chrome Contrast Checker](#)
- Does your website have an accessibility widget?
E.g. [Userway](#)



Contacts

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